

LOVE AND DAMAGE: Working with Trauma in Couples Therapy

www.terryreal.com

●FUNCTIONAL ADULT

●WOUNDED CHILD

●ADAPTIVE CHILD

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**INTERNALIZATION: 2 PATHWAYS** 

- REACTION
- MODELLING

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STANCE + STANCE	
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DANCE	
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/ /	
Mutual Triggering	
wc wc Dance AC	
Stance Stance	
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Thorangutic Action - REPARENTING	
Therapeutic Action = REPARENTING	
Bringing FA into Relationship With AC & WC	
man Ac a mc	-

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SET UP AN ONGOING RELATIONSHIP	
Catharsis Necessary But Not	
Sufficient	
Form Verm Office to Book Life	
From Your Office to Real Life	
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Empower the EA	
Empower the FA	
Get AC out of the way	
AC holds WC as Child was Held	
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Good Parenting Consists Of:	
● NURTURE	
LIMITS	
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Love, Understand, and Contain The Inner Children. "I will deal with my partner. Your demoted."	
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Find or Prescribe	
the Healing New Stance.	
Bring the Work Back to the	
Relationship.	
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