



## LOVE AND DAMAGE: Working with Trauma in Couples Therapy

[www.terryreal.com](http://www.terryreal.com)

---

---

---

---

---

---

---

- FUNCTIONAL ADULT
- WOUNDED CHILD
- ADAPTIVE CHILD

Copyright © 2007 The Relational Life Institute

1

---

---

---

---

---

---

---

## INTERNALIZATION: 2 PATHWAYS

- REACTION
- MODELLING

Copyright © 2007 The Relational Life Institute

2

---

---

---

---

---

---

---



---

## SET UP AN ONGOING RELATIONSHIP

**Catharsis Necessary But Not  
Sufficient**

From Your Office to Real Life

Copyright © 2007 The Relational Life Institute

6

---

---

---

---

---

---

---

**Empower the FA  
Get AC out of the way  
AC holds WC as Child was Held**

Copyright © 2007 The Relational Life Institute

7

---

---

---

---

---

---

---

## Good Parenting Consists Of:

- NURTURE
- GUIDANCE
- LIMITS

Copyright © 2007 The Relational Life Institute

8

---

---

---

---

---

---

---

---

**Love, Understand, and Contain  
The Inner Children.**

**“I will deal with my partner.  
Your demoted.”**

Copyright © 2007 The Relational Life Institute

9

---

---

---

---

---

---

---

**Find or Prescribe  
the Healing New Stance.  
Bring the Work Back to the  
Relationship.**

Copyright © 2007 The Relational Life Institute

10

---

---

---

---

---

---

---